



**NASSAU EDUCATIONAL LOCAL 865  
2010 SCHOOL DISTRICT SUPPORT STAFF  
CAREER CONFERENCE**

**HUNTINGTON HILTON  
MELVILLE, NY**

**SATURDAY - APRIL 10, 2010  
8:00 AM - 3:00 PM**

*\* Registration Begins 8:00 AM*

*\* Full, Sit Down Breakfast Begins 8:30 AM*

*\* Full, Sit Down Hot Lunch: 1:30 PM - 3:00 PM*

**WORKSHOP DESCRIPTIONS**

**(Conference Participants Select 1 Workshop in Each Session)**

**Workshop Session I: 9:30 AM—11:00 AM**

**Workshop Session II: 11:30 AM—1:00 PM**

• ***Uncover...Discover...Recover the Life you Live (Session I & II)***

***Presented by: Ron Villano***

Things are never what they appear to be. Just like you may be having a rough day, the other person you are talking to may be having the same. The result? Tough conversation and bad feelings which, when you take a real look at it, have nothing to do with what was actually said. It's time to end the frustration and start fresh! Whether you are in the workplace or at home, all you need to do is change the way you live the moment. Ron Villano will present you with expert tips and tools you need to Uncover...Discover...and Recover your passion for stress-free living.

• ***Practice Safe Stress by Reclaiming your Sense of Humor (Session I & II)***

***Presented by: Linda MacNeal***

Are you trapped between a clock and a hard drive? Learn simple, sure-fire techniques to improve your health and manage stress..

• ***Retirement—All Tiers (Session I & II)***

***Presented by: Steven Chandler***

This is an Interactive program presented by an Information Representative from the Retirement System. Participants will learn the critical elements involved in the calculation of their pension benefit, what they can do to maximize these benefits, and obtain information on how and when to contact NYSLRS to obtain their specific information.

Participants will also have the opportunity to ask questions related to pension benefits during and after the presentation. In addition to a verbal and Power-Point presentation, they will also receive a guide that covers pension information in more detail.

• ***Workers Compensation (Session I & II)***

***Presented by: Vincent Rosiello***

Workers Compensation is a statutory benefit, paid for by your employer, either through an insurance carrier contracted by your employer or their own self-insurance. This benefit entitles you to: full coverage of related medical care and hospital treatment for job-related illnesses and injuries; partial wage replacement for temporary or permanent loss of earnings; special compensation for loss or partial loss of the use of a limb; rehabilitation services; and a variety of death and survivor benefits.

• ***How to Determine the Value of your Property (Session I & II)***

***Presented by: Stacey Hargraves***

Find out what exemptions, if any you qualify for. Learn the procedures to use to successfully challenge your property taxes.

• ***No Excuse (Session I & II)***

***Presented by: Jay Rifenburg***

“No Excuse!” provides the techniques and insight to incorporate principles and skills to generate greater success personally, professionally and organizationally. “No Excuse!” is built on a solid foundation of core values, self-responsibility, organizational accountability, integrity and purpose. Principles such as self-control, personal respect, forgiveness, passion, and attitude are a sampling of concepts presented.

• ***Member Benefits (Session I & II)***

***Presented by: Delores Carter***

This workshop will inform you as to why member-only benefits are important to all of us. Auto advantages, travel, legal services and much, much more. Member benefits are a visible reminder of the benefits of belonging to a union.